

**St Mary's Small Group Study Notes**  
**Week commencing Sunday 29<sup>th</sup> March 2009**  
**Theme: "The King's Meal" *Based on Luke 22:7-20***

**Welcome**

Share an example of a special meal you remember from years ago, or recently, and why you remember it.

**Worship**

Spend some time in worship. How is your group developing with worship?

**Word**

- Read Luke 22:7-20
- How did Jesus prepare for Passover?
- How should we prepare before and during a Communion service?
- How did Jesus say his disciples should remember him? And how long for?
- What aspects of God's character are revealed in Communion?
- At a human level how does a Communion service strengthen the corporate life of St Mary's?
- How do elements of the Communion somehow sum up a Gospel-driven life? (Perhaps list some of the things we do in the service.)
- Communion is a meal that focuses on the past, present and future action of God in history. The links to Passover are clear. And if we look at Rev 19:7-9, we see that heaven will be a wedding supper! Why does it help us to anchor our own lives within the big picture of God's eternal plans?

**Witness**

- "Go in peace to love and serve the Lord" followed by a blessing, means, "go and be my disciples and make a difference."
- Take some time in prayer thanking God the Father for Jesus' sacrifice, the presence of his Spirit, the wonder of Communion with him, and ask him to empower you all afresh today.

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